

**Inside this issue:**

**What Does Your Pastor Do?** 1

**Announcements, Thank You's & Prayer Requests** 2-5

**Thoughts of Inspiration** 4

**UMW Update, Collector's Showcase** 6-7

**Nurse's Notes** 7

**Special Points of Interest:**

- Lent Luncheons and Worship Times, Page 5
- Monthly Meet-Ups, Back Page
- March Birthdays and Anniversaries included with Calendar



# Faith Messenger

**MARCH 2015**

*Faith United Methodist Church*  
*"Engage, Equip, and Empower!"*

**Volume 2015, Issue 3**

## What Does Your Pastor Do?

I am entering my fourth year of serving this congregation as your pastor. I feel that it is a privilege to be able to work with our leadership, preach, teach and minister to the people of Faith United Methodist.

As your Pastor I prepare the bulletin, sermon and PowerPoint presentations. I work with our HCI team to plan for the future ministries of the church as we ENGAGE our community with the gospel of Jesus Christ, EQUIP those who respond to be disciples of Jesus Christ and EMPOWER leaders who will partner with God for the healing of the world.

In 2014 we installed a projector and screen in order to enhance our worship services. We also renovated our worship space by enlarging the space between our pews from 32" to 36" and adding two rows of armchairs to increase our seating comfort. In 2015 our focus will be Small Group Studies during Lent and in the fall, and developing new ways to connect with our community.

I am part of the following community organizations: the Great Waseca Ministerial Association, The Board of the Neighborhood Service Center, Advisory Board Interfaith Caregiver Services, Southern Prairie Steering Committee for the Renew, Reach Out, Rejoice Project, and Waseca/ Steele County Drug Court Outreach Committee.

I serve communion at Lake Shore Inn and Colony Court once a month. I lead worship at the Memory Care Center once a month.

In addition to these activities, I spend time visiting the sick and encouraging members of the congregation through cards and home visits.

I am also available for drop-in visits from the congregation or the community. I also follow-up first time visitors with cards and phone calls.

I enjoy the ministry that God has called me to and it is a joy to serve as Pastor to the people of Faith UMC.

**In Service to The King**

*Pastor Victor*

**Pastor Victor**

## Prayer Requests

Remember our church members & friends who are less mobile and are unable to join us as often as they would like, including:

**Colony Court Memory & Care Suites:** Ann Swenson, Rosalind Peterson, Gerri Peterson

**Colony Court:** Millie Groh, Ardella Draheim, Nina Youngberg, Leona Quast

**Lakeshore Inn:** Florence Gutknecht, Hazel Henkensiefken, Don Lohse

**Latham Place:** Liz Corchran

**Morrow Home, Sparta, WI:** Marlene Rietfort

**Oaklawn Health Care Center:** Jim Keller

**Tower Light, St. Louis Park:** Darlene Lynch

**Those who also need our prayers:** Willie Mahler (Home Hospice)

**Prayer Requests from Sunday Worship:** Rodger and Vada Dahnert, Bruce and Deb Hering, Leona Quast, Jim Barber, Dave and Joann Eggness, Kookie Kukacka, Deloris Asmus, Peter Fog, Jim Keller, Floyd Lamont, Marilyn Possin, Linda Lohse and her mother Betty, Pastor David Crow is battling Bladder Cancer and needs prayer.



## Special Prayer Request

1 Thessalonians 1:2-4 says, "We always thank God for all of you, mentioning you in our prayers. We continually remember before our God & Father your work produced by faith, your labor prompted by love, and your endurance, inspired by hope in our Lord Jesus Christ, for we know, beloved by God, that He has chosen you." Please pray this scripture for Pastor Victor, Patrice and Eliot, for Kim and Bob and for all those who offer their volunteer service to build the Lord's work here at Faith United Methodist Church.

## Thank You

Thank you for the special recognition on January 25th. It was an honor to be recognized. Thanks for all the kind words and thoughts. It is a joy to share God's message of music with you all. Marlys Garness

## Lenten Bible Study With the Walkers

Don't forget Bible studies are every **Monday at 10:00 a.m.** in the **Lakeview Room**. They run from *February 16th-April 6, 2015*. Even if you missed the first one, we'd love to have you. Please join us! Roger and Roberta Walker

## Life Line Screening

Life Line Screening will host health screenings on **4/24/2015**. In order to register for this event and to receive a \$10 discount off any package priced above \$129, please call 1-888-653-6441 or visit [www.lifelinescreening.com/community-partners](http://www.lifelinescreening.com/community-partners).

## Men of Faith Meeting Minutes

Les Wells opened with a word of prayer. Roger Walker gave the Scripture lesson from Mark 3 on how Jesus used parables to the people and the Pharisees on how He did things. Report was given on Pastor Victor's project of giving food to people to help them in a time of emergency. We discussed about the chance of homeless people in Waseca. Peter said that he had talked to someone in the Neighborhood Center who said that we would be surprised. Roger mentioned that the solar lights for the cross were working providing that they got enough sunlight. Easter sunrise breakfast was brought up and it was decided to let Dave Baldini handle it as he does a great job but we can volunteer to help where needed. Services around the cross were discussed and it was decided to take folding chairs out for the attendees. We discussed on how we could get more men to attend but nothing was decided. It was brought up about the mold that was on the high section on the back of the Church. Nobody knew exactly how to get up that high and how to attack it. The ones in attendance were Leslie Wells, Peter Fog, Clair Voshell, Neil Fruchete, Roger Walker, and Ronald Terrell. Ron Terrell volunteered to bring snacks on the 12 of March. At our next meeting, we will discuss on whether we should meet due to poor interest and attendance or how often we should meet.

Leslie W. Wells

## WANTED

***Two volunteers are urgently needed.*** We need a volunteer to find greeters each month and a volunteer to find nursery attendants. Both voluntary positions are open and need to be filled ***immediately***. Thank you.

## Former Members of the Military

**For all current members** of Faith, men and women, who are past/or present members of the Armed Forces (veterans), I am constructing a bulletin board for all to see. What I need is any military snapshot of yourself (no larger than 4 x 6 or smaller), the branch you served in, your name, and the dates you served. Please bring your photo to the church office or mail it to the church. When all photos are received, I will begin the project. We can add "snow birds" pictures when they return to Waseca. Many thanks, Bob Stephan.



## Thoughts of Inspiration

### You Say...

*I can't figure it out.*

*I'm too tired.*

*It's impossible.*

*Nobody loves me.*

*I can't forgive myself.*

*It's not worth it.*

*I'm not smart enough.*

*I'm not able.*

*I can't go on.*

*I can't do it.*

*I can't manage.*

*I'm afraid.*

*I feel all alone.*

### God Says...

*I will direct your steps.*

*I will give you rest.*

*All things are possible.*

*I love you.*

*I forgive you.*

*It will be worth it.*

*I will give you wisdom.*

*I am able.*

*My grace is sufficient.*

*You can do all things.*

*I will supply all your needs.*

*I have not given you a spirit of fear.*

*I will never leave you.*

Prov. 3:5-6

Matt 11:28-30

Luke 18:27

John 3:16

Romans 8:1

Romans 8:28

1 Cor. 1:30

2 Cor. 9:8

2 Cor. 12:9

Phil. 4:13

Phil. 4:1-9

2 Tim. 1:7

Heb. 13:5

Source: UMW News

## Reminder-Hospitality Team

Reminder that the Hospitality/Outreach team is meeting March 24<sup>th</sup> at 10:00 in the Lakeview Room.

## Hats

Easter is **April 5<sup>th</sup>**. Guess what?

I am going to wear an Easter bonnet on Easter Sunday. I'm going to find one with frills upon it. This would be a great opportunity for the women at Faith to wear their Easter bonnets.

I've decided I am going to wear a hat on May 10<sup>th</sup> too, for Mother's day. This is another opportunity for the women at Faith to wear a favorite hat.



## Faith Crafters and Stitchers

Faith Crafters and Stitchers will meet on Thursday, March 12, from 1:00-3:00 p.m. in the Fellowship Hall. All women are invited to join the group. You may bring a project of your own to work on or share a mission project idea with us. Coffee and treats will be provided. If you have questions, please feel free to call Sandy Voshell at 835-4122 any time.

### LENTEN LUNCHES      March 4- March 25



**Location: Christian Assembly**

**Day: Wednesdays**

**Time: 12:00– 12:55 p.m.**

**Church Serving the Meal:**

**3/04-Waseca Wesleyan**

**3/11-Christ the King**

**3/18-St. John’s Lutheran**

**3/25-Christ Community**



**WORSHIP SERVICES-All service times are 7:00-8:00 p.m.**

<b>Week 2</b>	<b>3/04</b>	<b>Faith UMC</b>
<b>Week 3</b>	<b>3/11</b>	<b>Waseca Wesleyan Church</b>
<b>Week 4</b>	<b>3/18</b>	<b>First Congregational</b>
<b>Week 5</b>	<b>3/25</b>	<b>Faith UMC</b>

### What's happening in UMW

Time is passing so quickly, especially when it comes time for another article for the newsletter. Some of the Circles do not meet during the winter when the weather is so unpredictable. I hope you were able to attend the Unit Meeting Monday February 16. We renewed our Pledge to Mission.

As we share in our Pledge Service, we want to celebrate some of the many ways that our Mission Giving is being used, in our own communities, across the country, and around the world. Through Mission Giving, we continue to reach out and bring hope to people who are hurting, influenced and oppressed. When you make your Pledge to Mission, you make a commitment to support mission locally, nationally and globally. Throughout our history, United Methodist Women members have been advocates for justice for the oppressed, awareness efforts on human trafficking, domestic violence, women's rights, the environment, public education, immigration, health care and more.

United Methodist Women are located in neighborhoods with many needs and few advantages. Lives are being transformed as staff and volunteers work to address basic needs to provide education, training and opportunities that build self-esteem, and to offer love, support, and compassion. Your Mission Giving supports Regional Missionaries in sub-Saharan Africa, Asia, Latin America and the Caribbean, through training, planning and developing networks to address needs specific to women, children and youth. You help to support mission projects and programs in more than 100 countries around the world, including Bible study, literacy, leadership development, education, health and nutrition, poverty elimination and more.

**The Collector's Showcase is March 8.** Dust off your collection and bring it to church on Sunday March 8. Tables will be set up for you to display your items. Please register so there is room for everyone to show their collectables. If you feel like the entire collection is too much to bring to church, bring a few pieces.

In April 8 the Southern Prairie District UMW will have Spring Gathering. This gathering is held in two areas of the district to allow for more members to attend. LeSueur and Slayton are the locations for this year. Several members have expressed their intention to attend the gathering in LeSueur. If you are interested in going, notify Barbara Friedl. We will be carpooling from the church. And keep in mind a June 16 meeting, "Day Apart" at Lakefield. This is a day of spiritual uplifting, a day you don't want to miss.

### Thank You

Thank you so much to our Faith church family for all of your prayers, cards and support before and after my hip replacement surgery. Your support is priceless. My recovery is on schedule! Sandy Voshell

## Nurses' Notes-Habits of Happy People

### Forgiveness

It is quite easy to forgive an unkind word or an un-kept promise, that is if it doesn't get to our soul. It is difficult to get past some hurts. They may "come from hurt feelings, thoughts, and physical upset that you are suffering now, not what offended you or hurt you two minutes-or ten years ago. Forgiveness helps to heal those hurt feelings."

Forgiveness doesn't have to mean reconciliation with the person who hurt you or, in any way, condoning their actions. What you are really after is to find peace. "Forgiveness can be defined as the peace and understanding that come from blaming that which has hurt you less, taking the life experience less personally, and changing your grievance story."

#### Some helpful ideas:

- Know exactly how you feel about what happened and be able to articulate what about the situation is NOT OK. Then tell a trusted couple of people about your experience.
- Make a commitment to yourself to do what you have to do to feel better. Forgiveness is for you and not for anyone else.
- At the moment you feel upset practice a simple stress management technique. Take a few deep breaths.
- Remember that life well-lived is your best revenge instead of focusing on your wounded feelings. And thereby giving the person who caused you pain power over you, learn to look for the love, beauty, and kindness around you. Forgiveness is about personal power.
- Amend your grievance story to remind you of the heroic choice to forgive.

Jesus in the Lord's Prayer conveys what we need to do: "forgive us our trespasses as we forgive those who have trespassed against us." Jesus died on the cross for the forgiveness of our sins. We are called to follow His example.

Peace be with you.

Your Parish Nurse, Sherry Scholljegerdes, RN

Excerpts from: Forgive For Good, Fred Luskin

## Collectors' Showcase

Plans are underway for a popular event at Faith Church: **The Collectors' Showcase and Potluck Brunch**, set for **Sunday March 8** following worship. This is a great opportunity for you to bring and display your favorite collection(s). Sign up for a table or half a table, let us know how many tables are needed. The Showcase will also include a Potluck Brunch featuring pork loin roast; **bring a dish to pass**.

Over the years we've enjoyed many different types of collectibles as their owners proudly display their treasures, so mark your calendars now for Sunday March 8 and plan to be a part of this interesting and fun event. Remember that a collection needn't be vast...whether you have a few items or a table-full we'd love to get to know you better by viewing your favorite things and learning about them.



Faith United Methodist Church

*"Engage, Equip, and Empower"*

**801 Fourth Ave. NE**

**Waseca, MN 56093**

Phone: 507-835-3167

Fax: 507-835-5400

E-mail: [faithwaseca@gmail.com](mailto:faithwaseca@gmail.com)

[www.faithwasecaumc.com](http://www.faithwasecaumc.com)

Non-profit Org  
Postage Paid  
Permit 30  
Waseca, MN  
56093

**Change Service Requested**

## MONTHLY MEET-UPS:

### Elizabeth Circle

UMW Elizabeth Circle will meet **Wednesday, March 25, at 6:00 p.m.** in the **church kitchen**. We will serve fellowship following the lenten service that night.

### Mary Circle

UMW Mary Circle will meet **Tuesday, March 17, at 1:00 p.m.** at **Ardella Draheim's** place in Colony Court.

### Ruth Circle

UMW Ruth Circle **will not meet** during Winter months.

### Men of Faith

Men of Faith will meet **Thursday, March 12, at 6:30 p.m.** in the **Fellowship Hall**.